

The Diabetes Epidemic in Alabama: An Overview

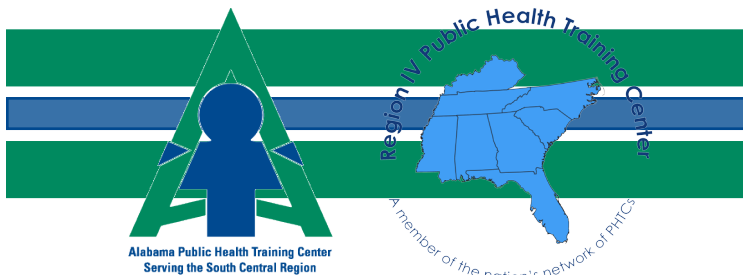
Satellite Conference and Live Webcast

Thursday, March 24, 2016 12:00-1:30 p.m. (Central Time)

1:00-2:30 p.m. (Eastern) • 11:00 a.m.-12:30 p.m. (Mountain) • 10:00-11:30 a.m. (Pacific)

In the past several decades diagnosed cases of diabetes have increased at alarming rates, costing billions of dollars in medical expenditures and lost work and wages for people known to have the disease. In 2015, the CDC estimated that 29.1 million children and adults in the U.S. (9.3% of the population) had a confirmed diagnosis of diabetes and as many as 86 million (25% of the U.S. population) may have a condition known as pre-diabetes. Alabama currently ranks 50th, with the highest prevalence of diabetes in the U.S. In the past two years, the prevalence of diabetes has increased from 11.8 percent to 13.8 percent in the adult population in Alabama, with many more undiagnosed. Program faculty will provide an overview of diabetes including diagnosis, management and complications.

ALABAMA AHEC
Alabama Statewide AHEC Program



PROGRAM OBJECTIVES

1. Describe the etiology and risk factors for the development of diabetes.
2. Discuss the pathophysiology and acute and chronic complications of the disease.
3. Review guidelines on the diagnosis of diabetes.
4. Discuss the importance of lifestyle changes including diet and exercise.
5. Discuss medication management including insulin, oral agents and newer medications.

FACULTY

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CONFERENCE DETAILS:

Target Audience: Primary care providers including physicians, nurse practitioners, and physician assistants; nurses, social workers, health educators, dietitians, public health and other healthcare professionals

Continuing Education: Nurses and social workers (pending)

**Non-ADPH employees are charged a fee to receive CE Certificates. Additional information can be found at www.adph.org/alphtn*

Registration: www.adph.org/alphtn

Technical Information: To receive complete technical information you must register at www.adph.org/alphtn.

Satellite - Live satellite conference on C band (analog).

Webcast - Watch with RealPlayer or Windows Media Player.

Test your computer with the "test connection link" at www.adph.org/alphtn.

Audio - To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #. Press # again to listen to the conference.

On Demand - Available 2-3 business days after the live broadcast from the On Demand page of our website.

Conference Materials: Posted on our website approximately one week before the program for registered participants.

Conference Details Questions: Call: 334-206-5618 | Email: alphtn@adph.state.al.us